



Surgical Skills for Students & Healthcare Professionals (SSSHP)

Date: 16 May 2024

Course Fees:

1500 + 5% VAT [Normal Rate] 1,200 + 5% VAT [Student Rate]

Developed for medical students and healthcare professionals, this highly interactive one day course teaches participants how to safely perform basic surgical procedures and follow appropriate asepsis techniques in the operating theatre environment.

Learning Outcome:

By the end of this course, participants will be able to:

- Demonstrate a safe set of aseptic skills
- Recognise the function, and demonstrate the safe handling, of a basic set of instruments
- Tie a safe and secure knot
- Close a wound safely and appropriately
- Demonstrate safe and appropriate tissue handling
- Identify principles for the safe use of local anaesthetic

Assessment:

Faculty discuss progress with each participant and complete an individual Reflection and Feedback form. They identify participants' strengths and weaknesses and give guidance on individual performance. The feedback is not intended to make a value judgment on any individual's potential for surgery as a career



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		PROGRAM	
0830 – 0850	Introduction	1245 – 1500	Instruments and suturing
	Learning outcomes Sharing experiences		Handling instruments Incision and retraction Interrupted simple sutures Vertical mattress sutures Subcuticular sutures
0850 – 1000	Asepsis	1500 – 1515	Refreshments
	Scrubbing in Skin preparation and draping		Scrubbing in Skin preparation and draping
1000 – 1015	Refreshments		
1015 – 1200	Knot-tying	1500 – 1515	Refreshments
	One-handed reef knot One-handed surgeon's knot Instrument-tied reef knot Instrument-tied surgeon's knot	1515 – 1715	Handling tissue
1200 – 1245	Lunch		Local anaesthetic and excision of skin lesion Sebaceous cyst removal
		1715 – 1730	Wrap up

